



# *Milton Animal Hospital*

## **Tips for Feeding Your Pet**

Obesity in pets can lead to heart and respiratory problems, diabetes, skeletal stress, and gastrointestinal disorders. Here are four ways you can monitor your pet's food intake:

Consult your veterinarian on what kind of food to give your pet. Your pet's nutritional needs change with age, and some medical conditions require special diets.

Always measure how much food you give based on your veterinarian's instructions. A "bowl-full" can mean different things to different family members.

Establish mealtimes for your pet. If food is available all day, your pet may eat out of boredom.

Don't feed your pet table scraps. They are high in fat and calories and can upset the nutritional balance your pet needs.

Limit food rewards. As much as they love treats, pets also respond well to walks, play time, and just spending time with you.